

Resources and References

Please Contact CAFAF intern, Jessica Dressel OT/s at Jessica.dressel@wne.edu with any questions. After 7/14/2023, please contact Jessica.Dressel95@gmail.com

To Open Resource Links:

- Hold control key and left click
- Right click, select “open hyperlink”
- If on cell phone, simply tap blue link

More information on Occupational Therapy:

[Occupational Therapy - Connecticut Children's \(connecticutchildrens.org\)](http://connecticutchildrens.org) (Traducción Español)

[Going to an Occupational Therapist - Connecticut Children's \(connecticutchildrens.org\)](http://connecticutchildrens.org)
(Traducción Español)

Birth-to-3

[Birth23.org – Connecticut Birth to Three System](http://Birth23.org)

School-Based

<https://www.aota.org/~media/Corporate/Files/Practice/Children/School-Administrator-Brochure.pdf>

Locations in CT with Outpatient Pediatric Occupational Therapy:

Note: This is not a comprehensive list of programs and insurance coverage may vary

- **Hartford Healthcare CT Children’s:** Northern, CT (Hartford, Farmington, Glastonbury, Danbury, Westport, Avon)
 - <https://www.connecticutchildrens.org/search-specialties/occupational-therapy/occupational-therapy-contact-us/>
- **Yale New Haven Health:** Southern, CT (New Haven - multiple locations, Old Saybrook, Milford, Guilford)
 - <https://www.ynhh.org/childrens-hospital/services/rehabilitation-services>
- **Hospital for Special Care:** New Britain, CT
 - [Therapy and Rehabilitation | Hospital for Special Care \(hfsc.org\)](http://hfsc.org)
 - For Physical, Occupational and Speech Therapy referrals (including aquatic therapy) call: 860-832-6258
 - Autism Clinic: <https://hfsc.org/specialties/autism-center-at-hsc/autism-outpatient-program/>
 - Adaptive sports and fitness programs, therapeutic horseback riding –

- <https://hfsc.org/sports-and-fitness/>
- **Cheshire Fitness Zone** - Cheshire, Meriden, Orange, Torrington, CT locations
 - <https://www.cheshirefitnesszone.com/pediatric-occupational-therapy-services/>
 - Developmental Milestones Quiz - [Child Developmental Milestone Quiz: 1 Month - 6 Yrs Old \(cheshirefitnesszone.com\)](#)
- **Center for Pediatric Therapy** - Wallingford, Darien, Fairfield, CT
 - <https://centerforpediatrictherapy.com/services/occupational-therapy/>
- **Stretch Therapy** - Cromwell, CT
 - <https://stretchtherapyct.com/>
 - Other programs at Stretch Therapy...
<https://stretchtherapyct.com/programs>
 - Summer Therapy Intensives
 - Summer Program Intensives [groups] (social skills, picky eaters, executive functioning)
 - Parent Education Series
 - Therapeutic Yoga (teens and young adults)
 - Therapeutic Life Skills (teens and young adults)
 - Girl Empowerment Programs
 - Girl Power Jr. – 7–9-year-olds
 - Girl Power Pre-Teen 10–12-year-olds
 - Fitness and Conditioning Programs
 - Boot Camp Mini – 3–5-year-olds
 - Suited for “high energy levels”, ADHD, ASD and anxiety – focuses on listening, taking turns, sharing attention in a group, coping and positive communication skills
 - Extreme Boot Camp Jr./Sr. – Jr. 6-8 years, Sr. 9-12 years
 - Suited for “high energy levels”, ADHD, ASD, and anxiety – Elements of parkour, obstacle courses, strength/circuit training, team building activities used to improve focus, attention, and social skills.

References:

American Occupational Therapy Association: [What is occupational therapy? | AOTA](#)

Connecticut Children’s: <https://www.connecticutchildrens.org/health-library/en/parents/occupational-therapy/>

Article: [Occupational Therapy’s Role in the Foster Care System \(wmich.edu\)](#)

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Recursos y Referencias

Por favor contáctese con el estudiante de pasantía de CAFAF, Jessica Dressel OT/s a:
Jessica.dressel@wne.edu

Si tenga cualquier pregunta. Después de 7/14/2023, contáctese con
Jessica.Dressel95@gmail.com

Para Abrir los Enlaces de Recursos:

- Mantenga apretado el botón de “control” y haga clic izquierdo
- Haga clic derecho y seleccionar “abrir enlace”
- Si está en su celular, simplemente toque y haga un clic en el enlace azul

Para más información sobre la Terapia Ocupacional

[Occupational Therapy - Connecticut Children's \(connecticutchildrens.org\)](http://connecticutchildrens.org) (Traducción Español)

[Going to an Occupational Therapist - Connecticut Children's \(connecticutchildrens.org\)](http://connecticutchildrens.org)
(Traducción Español)

Nacimiento a tres

[Birth23.org – Connecticut Birth to Three System](http://Birth23.org)

Realizado en las Escuelas

[https://www.aota.org/~media/Corporate/Files/Practice/Children/School-Administrator-Brochure.pdf](https://www.aota.org/~/media/Corporate/Files/Practice/Children/School-Administrator-Brochure.pdf)

Ubicaciones en CT con Terapia Ocupacional Pediátrica Ambulatoria:

Nota: Esta no es una lista completa de programas y la cobertura del seguro puede variar

- **Hartford Healthcare CT Children's:** Northern, CT (Hartford, Farmington, Glastonbury, Danbury, Westport, Avon)
 - <https://www.connecticutchildrens.org/search-specialties/occupational-therapy/occupational-therapy-contact-us/>
- **Yale New Haven Health:** Southern, CT (New Haven – ubicaciones variadas, Old Saybrook, Milford, Guilford)
 - <https://www.ynhh.org/childrens-hospital/services/rehabilitation-services>

- **Hospital for Special Care:** New Britain, CT
 - [Therapy and Rehabilitation | Hospital for Special Care \(hfsc.org\)](https://www.hfsc.org)
 - Para referencias de terapia física, ocupacional y del habla (incluyendo la terapia acuática), llame al: 860-832-6258
 - Clínica de Autismo: <https://hfsc.org/specialties/autism-center-at-hsc/autism-outpatient-program/>
 - Deportes adaptados y programas de acondicionamiento físico, terapia ecuestre– <https://hfsc.org/sports-and-fitness/>

- **Zona de Fitness Cheshire** - Cheshire, Meriden, Orange, Torrington, CT
ubicaciones:
 - <https://www.cheshirefitnesszone.com/pediatric-occupational-therapy-services/>
 - Cuestionario sobre logros del desarrollo- [Child Developmental Milestone Quiz: 1 Month - 6 Yrs Old \(cheshirefitnesszone.com\)](https://www.cheshirefitnesszone.com/child-developmental-milestone-quiz-1-month-6-yrs-old/)

- **Centro de Terapia Pediatra-** Wallingford, Darien, Fairfield, CT
 - <https://centerforpediatrictherapy.com/services/occupational-therapy/>

- **Terapia de Estiramiento** - Cromwell, CT
 - <https://stretchtherapyct.com/>
 - Otros programas de Terapia de Estiramiento...
<https://stretchtherapyct.com/programs>
 - Terapia Intensivo de Verano
 - Programa Intensivo de Verano [grupos] (habilidades sociales, selectivos para comer, funcionamiento ejecutivo)
 - Serie de Educación para padres de familia
 - Yoga terapéutico (adolescentes y adultos jóvenes)
 - Habilidades terapéuticas para la vida (adolescentes y adultos jóvenes)
 - Programas de Empoderamiento para niñas
 - Girl Power Jr. – de 7 a 9 años
 - Girl Power Pre-Adolescente de 10 a 12 años
 - Programas de Fitness y Empoderamiento
 - Campo de Entrenamiento Mini – de 3 a 5 años
Adecuado para los con “niveles de energía alto”, ADHS< ASD, y ansiedad: se enfoca en escuchar, tomar turnos, compartir la atención en un grupo, habilidades de salir adelante, y comunicación positiva.
 - Campo de Entrenamiento Extremo Jr./Sr. – Jr. de 6 a 8 años, Sr. de 9 a 12 años
 - Adecuado para los con “niveles de energía alto”, ADHS< ASD, y ansiedad –Elementos de parkour, carreras de obstáculos, entrenamiento de fuerza/circuito, actividades de trabajo en equipo utilizadas para mejorar

el enfoque, la atención, y las habilidades sociales.

Referencias:

American Occupational Therapy Association:

Asociación de Terapia Ocupacional Americana: [What is occupational therapy? | AOTA](#)

Connecticut Children's: <https://www.connecticutchildrens.org/health-library/en/parents/occupational-therapy/>

Artículo: [Occupational Therapy's Role in the Foster Care System \(wmich.edu\)](#)